

Minutes for Yolo County Mental Health Board  
Tuesday, June 12, 2007

Members Present: Chairwoman Carolyn Reiff; Vice-Chairwoman Marilyn Moyle; Millie Braunstein; Annie Breault-Darling; Robert Canning; Martha Flammer; Irma Rodriguez; Robert Schelen; Mike Summers; Helen Thomson, Yolo County Supervisor;

Members Absent: Peter Brixie; Guille Libresco, Rev. Hank Scherer

Members Excused: Marilyn Schwartz; Joanne Welty

Others Present: Richard DeLiberty, ADMH Interim Director; Mike Tucker, ADMH Deputy Director Fiscal & Administration; Jesse Salinas, County Administrator's Office; Tawny Yambrovich, ADMH Secretary; June Forbes, NAMI-Yolo; Diane Sommers, Director, Suicide Prevention

Location: DESS Community Room, 25 North Cottonwood Street, Woodland, CA 95695.

- I. Meeting called to order by Chairwoman Carolyn Reiff at 7:05 P.M.
- II. Approval of Agenda; Minutes.

Approval of Meeting Minutes: *Motion was made by and seconded by to approve May 21, 2007 minutes; carried.*

Approval of Meeting Agenda: *Motion was made and seconded to approve agenda; seconded and carried.*

- III. Announcements:
  - a. M. Flammer: Event taking place tomorrow, June 13: "Senator Darrell Steinberg and Asm. Mary Hayashi, both members of Mental Health Services Oversight & Accountability Commission, with others, announce proposed funding for Student Mental Health Initiative, 'California's first formal response to tragedies like the one that occurred at Virginia Tech University.' 11 A.M., Room 113. Contact Jim Evans, (916) 651-4006. Others listed: Patricia Ryan, CA Mental Health Director's Association; Victor and Mary Ojakian, parents of Adam Ojakian, a 21-year-old senior at UC Davis who killed himself in 2004."
  - b. Marilyn Moyle – YCCC Homestead Cooperative Open House, Thursday afternoon, June 14, 4-7 P.M.. Many consumers are losing housing due to rising rents – one landlord who has been very supportive lost YCCC subsidies, and had to spend many thousands of dollars to bring several houses up to code – the Homestead Cooperative provides another housing opportunity.

- IV. Budget Review – Mike Tucker

- a. Budget is very complex; there are over 60 agreements to receive and disburse revenue, and over 30 separate funding sources.
- b. MHSA is separated out into budget unit 505-7; 505-6 is Alcohol and Other Drugs (AOD), and 505-1 is core Mental Health.
- c. Core Mental Health has increased salary and benefits, mainly through Mentally Ill Offender Crime Reduction (MIOCR) grants. An e-mail was received this afternoon that says the legislature has eliminated MIOCR funding to fund AB 2034. MIOCR programs probably will not be implemented, due to lack of funds.
- d. HR review determined that department – Fiscal and Administration – is under staffed; same number of staff as 1998, despite growth of entire department.
- e. Quality Improvement – Deficit Reduction Act means we REALLY need to be accurate in all documentation.
- f. Supplies and services – driven by County overhead and rent on the Bauer building. Contracts are reduced due to assumed reduced IMD, residential and acute care costs. We have as many clients in IMDs as Sacramento County, a county 10 times our size. We had to make some assumptions in the budget that could generate savings without significant adverse impact on consumers. We are working on a long term reduction in inpatient census. We are trying to reduce utilization of acute care services through an Assertive Community Treatment (ACT) team. Crisis teams will provide more intensive interventions in hopes of reducing admissions.
- g. MHSA \$ can only be used for MHSA.
- h. No extra help funded in 07-08.
- i. Buying additional vehicles.
- j. Rent
- k. Avatar upgrades
- l. Board and care – Full Service Partnerships
- m. ACT team, more residential programs and supported housing

**Discussion:** Have to balance revenues vs. expenses. The county has been very supportive, but the County has many other demands on the General Funds as well. When certain reductions were denied by the CAO's office, negotiations began for General Fund assistance, and what cuts *could* be made. For Medi-Cal we assume higher FFP due to efforts to improve productivity/efficiency. Many clients stepped down from IMDs may qualify for FSPs, and then will be funded through MHSA instead of core Mental Health.

Richard DeLiberty – unanticipated growth funding from MHSA has to be requested via contract amendments – we will complete our request in the next couple of weeks, and then it has to go to 30-day notice before it can be implemented.

Diane Sommers: over 39% of 5150s are being written by police; 44% are covered by private insurance.

Helen T.: We need to insure that we are getting paid by the patients who have private insurance. Parity bill requires that we receive payment from private insurances. Also, we have not had the kind of buy-in we need from local law enforcement to get proper training for 5150 assessments.

Mike Summers: likes to see a high percentage of 5150s from police; means that they are erring on the side of the consumers, but with a higher percentage of first responders CIT trained, police may be able to refer to appropriate services, short of 5150.

Diane Sommer: used to have a “Law Enforcement Network” with meetings w/representatives from each local agency, and emergency rooms, monthly?

Helen T. – Good opportunity right now to work together cooperatively; several progressive police chiefs.

**Carolyn requested that we return the meeting to the budget:**

Mike T: none of these reductions were taken lightly, and none were intended to advantage one group over another. Some of these assumptions are high risk: we cannot control how many people are in 24-hour care, whether we get all of our FFP, etc., but this is what we could do and still balance the budget.

Salary savings of \$775,000; no Extra Help funding. Eliminate Regional Resource Centers (RRCs). Minor reductions in program costs. Improved IT using MHSA funds.

Helen T. – Also have an assertive probation chief who is aggressively pursuing funding.

June F.: concerned that budget doesn't adequately address supported housing. DESS, businesses, consumers should all be partners in creating supported housing. Emphasize that more people can live in a cooperative than in individual apartments. Prop 63 money is not being used; we also have \$4 million available via MHSA. Housing coordinator position being funded via MHSA funds (to help individuals find housing – Turning Point Community Programs is doing much of this; also non-ACT 2034 team).

Richard DeL: \$500,000 available for finding housing opportunities (consultants, surveys, EIRs, grants, etc.) Do not have the infrastructure and manpower to move any faster on this than we already are.

Helen T – If housing first is vital to success, do we have any idea how much housing we have in Yolo County that can be used for the 20 people who can step down from IMDs?

Richard states he believes that the 50 rooms/beds needed for consumers to step down and be ACT clients can be found.

Irma R – need a housing coordinator, so that someone is looking at the big picture; all the available housing opportunities – not just the individuals that are on their caseload.

Mike T: Only 3 sources of revenue available: Grants, Medi-Cal FFP (Federal Financial Participation = 50% of our costs) and Realignment funds. Most State and Federal grants come with such stringent local match requirements (meaning County general funds) that we can't pursue them; realignment is only growing 2%/year and Medi-Cal at 6-8%. Some

growth in Medi-Cal (\$300k, per Richard D) this year over last. If the LMHB wants specific information for budget planning next year, let Mike/Richard know so they can start trying to capture the data for next year.

Mike Summer – use MHSAs monies for 2007-2008 budget to run CIT program: to reduce costs in other areas. ACT this year is costing significantly more than next year due to startup costs. Should free up funding for CIT next year; allow planning through entire year.

Martha F: \$3.8 million budget deficit projected for FY 06-07; where is funding coming from?

Mike T – coming from County General Fund: whether will be loan or grant has not been decided. \$994,000 short for 07-08; a number of suggested reductions were vetoed by CAOs office; CAO will recommend to BOS to provide the shortfall. Board may reject recommendation and demand a balanced budget.

**VOTE:** Marilyn M – *LMHB has heard recommendations by Mike Tucker and staff, and understand what they have heard; we recommend and support budget as presented; recommend approval of CAO's office suggested grant of \$1 million. Martha Flammer seconds the motion; carried.*

**Note:** Bob Schelen wishes to note his concerns with some of the budget assumptions that were made, and whether consumers will be harmed.

Jesse S – Deficit will eventually have to be paid back, but would like to note that Richard and Mike worked tremendously hard, and a great many hours on the budget to get where we are.

Marilyn M – Bill: Jails to become treatment centers? Being discussed; Bob has copies. People who have experience with Mentally Ill offenders are very concerned with some aspects of this bill.

June F – Opposition to SB 568: Jails operating under receivership; also state hospitals. They are understaffed, not able to provide appropriate, safe care. If they can't provide appropriate treatment, they should not be able to force medication. BOS could grant jails medical facility status.

Robert C – piecemeal approach; needs to be part of a larger program. It's a stopgap measure that Sheriffs want because they have people backing up in their system because there aren't state hospital beds available.

Marilyn M - Legislative Advocacy committee to work with governmental affairs coordinator to draft LMHB response

Robert C – Sheriff Prieto is a big advocate for Mental Health care in the jails; it is to the LMHB's benefit to educate him on both sides of an issue.

#### V. Public Comment:

- a. Per Marilyn Moyle: Pat Leary and CAO's office recommend calling Senator Machado's office appreciating AB 2034 funding, and decrying the cut in MIOCR funding. Call, write, e-mail to let them know that BOTH programs need to be funded. M. Flammer recommends having talking points, and calling the governor's offices as well.
- b. Public comment: Helen Thomson, in appreciation of Carolyn's service to the board, declared today Carolyn Rieff day in Yolo County.

VI. Adjournment – 9:15 P.M.

Respectfully submitted,

Tawny L. Yambrovich  
Secretary III