

Minutes for Yolo County Mental Health Board
Monday, January 22, 2007

Members Present: Chairwoman Carolyn Reiff, Vice-Chairwoman Marilyn Moyle, Millie Braunstein, Peter Brixie, Robert Canning, Martha Flammer, Robert Schelen, Rev. Hank Scherer, Marilyn Schwartz, Mike Summers, **Helen Thomson, Yolo County Supervisor**

Members Absent: Joanne Welty, Guille Libresco

Others Present: Tom Pinizzotto, ADMH Director; Richard DeLiberty, ADMH Chief Deputy Director; Mike Tucker, ADMH Deputy Director Fiscal & Administration; Christina Hill-Coillot, ADMH Deputy Director Clinical; Mark Bryan, ADMH Deputy Director Operation; Theresa Smith, ADMH Clinical Program Manager; Tawny Yambrovich, ADMH Secretary; Cass Sylvia, Yolo County Public Guardian; Melissa Culloty, Director, Pine Tree Gardens; June Forbes, NAMI-Yolo; Nancy Temple, NAMI-Yolo; Walter Shwe

Location: Families First, 2100 5th Street, Davis, CA 95618

- I. Meeting called to order by Chairwoman Carolyn Reiff at 7:05 P.M.
 - a. Approval of Agenda – Moved, seconded, carried.
 - b. Introductions – Peter Brixie, new member. Attorney w/20 years experience, specializing in SSI and disability law.

- II. Approval of Meeting Minutes: *Motion was made by Rev. Scherer to approve October minutes; seconded, carried.*
Motion made to approve November minutes; seconded, carried
Discussion: It was brought up that minutes should show those board members present, absent, and excused, followed by guests.

- III. Announcements:
 - a. T. Pinizzotto mentioned the annual Winter Mental Health Dinner, to be held Thursday, February 22 at the Veterans Memorial Center, 203 East 14th Street, Davis, CA. Speaker will be Robin Zasio, PsyD, LCSW. She will speak on “High Anxiety; Anxiety Treatments That Work.” Call (530)756-8181 for more information.
 - b. Trainings – M. Schwartz mentioned that the Board had not received information on a recent training on Wellness and Recovery given by ADMH; it was noted that the Board should be notified in the future. Marilyn also shared that ADMH is holding a training session on Child and Elder Abuse that the Board is welcome to attend. Marilyn also received an e-mail that there would be upcoming Regional Mental Health Board and

Commission Trainings; T. Yambrovich to get more details and send to Board. There are three free B.E.S.T. (Building Employment Services Team) trainings available to Yolo County through California Mental Health Cooperative Programs; members should send their choices on which trainings they would like to see Yolo County pursue to Anne Ofsink at anne.ofsink@yolocounty.org by February 5, 2007

- c. T. Pinizzotto announced the recruitment of Dr. Leigh Harrington, Stanford University Chief Resident Adult Psychiatry and National Service Corp Clinician, as the newest addition to Medical Staff
- d. Theresa Smith promoted to Clinical Program Manager

IV. Public Comment:

V. Report: Board of Supervisors – Helen Thomson

The General Plan will be **discussed at the Board Meeting of 2/6/2007**. The Budget Office continues to monitor expenditures for the 06-07 budget. H. Thomson will continue to **chair** the CSAC Health and Human Services Committee.

VI. Report: LMHB Chairperson – Carolyn Reiff

- a. Annual Report and Mission Statement – There was some discussion as to wording, until it was underscored we were discussing LMHB Mission Statement, not ADMH's. Was decided to state, "We support effective treatment, including medication, that minimizes harmful effects to the consumer." H. Thomson pointed out that some programs, in an effort to hold down costs, try to use **only** older-generation medications, and then the consumers end up unmedicated, because they won't take medications that have too many side effects. **Should** add the \$ amounts of grants brought in to the department to the Annual Report; T. Pinizzotto to provide. (Done, 1/25/2007, TY) Will submit Mission Statement to BOS February 6.
- b. Dates for committee meetings: Budget and Executive Committees will meet on the 1st Monday of the month at 4 P.M. in the Bauer Building. The Forensic Committee will meet on Tuesday, February 20th at 8 A.M. in West Sacramento, and thereafter will meet on the 3rd Monday of the month at 8 A.M. in West Sacramento. Programs Committee will meet the 2nd Monday of the month at 9:30 A.M. in the Bauer Bldg.

VII. Report: ADMH Director – Tom Pinizzotto

- a. MIOCR Grants – 3 Grants, one for adults for \$700,000; one for adolescents in Woodland for \$700,000 and one for adolescents in West Sacramento for \$300,000. The Sheriffs and Probation Departments are lead on these grants, with ADMH participation through a Memorandum of Understanding (MOU). The programs will include 5 clinicians, 1

probation officer and 1 family liaison. Rev. Scherer wanted to know if it was for the Woodland area only, or if Esparto would be served. M. Bryan answered that Proposition 63 is providing services through a Capay valley program, and that the adult MIOCR grant could accept referrals from anywhere in Yolo County; is not limited by a peer control group nor a limited definition of diversion. Project AIM, which is funded through a SAMSHA grant, is limited in who they can serve by a “strict and limiting definition of diversion;” i.e. have to show that the normal course of incarceration is being interrupted. There will be one team, operating through 2 funding sources.

M. Moyle asked about ACT team, and T. Smith answered that 60 consumers/time could be served; the team will consist of a program coordinator, probation officer, alcohol and drug counselor, psychiatric health specialist, mental health clinician and a psychiatrist. The adult program will receive referrals from courts, attorneys, probation officers, or those currently involved in the criminal justice system at any level; with the exclusion of sex offenses or violent offenders. Juveniles can be referred through points of contact or outside referral. Can be referred by self or family for MIOCR, but not for SAMSHA.

H. Thomson commented that good outcomes and accurate reporting will be vital to ongoing support.

M. Summers wondered why we were not partnering with first responders for additional training; currently the monies are not available.

Motion was made, seconded and carried to include in the annual report as a goal: “mental health court and other effective diversion methods.”

Motion was made, seconded and carried to accept the annual report as amended.

- b. Pine Tree/Turning Point Merger Update (by Melissa Culloty, heard out-of-order directly after announcements): Pine Tree Gardens is a 28-bed residential care facility with two “wings”: East House houses most of the older clients, with only 1 hospitalization in the last 4 years; and West house, with 15 beds, houses the younger clients, who are stepped-down from IMDs. Pine Tree Gardens was started by Pat Williams. In recognition of the cyclical nature of mental illness, there are 16 “graduates” on-site who can work and live more independently. There is a Student House that will probably have to be closed due to upkeep issues. Pine Tree does outreach, talks to the homeless regularly (at least weekly),

works to have a presence in the community, and works closely with the local police department.

Due to Pine Tree's small size, there are no economies of scale for treatment. Turning Point, with whom they are merging, holds many of the contracts in Sacramento and Stanislaus counties. Pine Tree loses money every year because they will not sacrifice **quality of care**; they needed a broader financial base to stay open. Melissa states that Turning Point director John Buck will bring stability and "cutting edge" thinking to the program. The estimated completion date is March 1, 2007. M. Culloty provided a letter of support for the merger from Theresa Roberts, former member of the Sacramento County Mental Health Board.

Marilyn Moyle asked if there would be a change in costs; M. Culloty responded that it depended on program needs. M. Schwartz wondered if there would be any additional services; M. Culloty said that would depend on the competitive bidding process, and what was needed. She added that line staff who were qualified would be able to stay on with Turning Point.

M. Culloty praised the responsiveness of ADMH under Tom Pinizzotto's leadership.

- c. External Quality Review Organization (EQRO) Site Visit – T. Pinizzotto said that EQRO auditors noted good morale, IT upgrades, changes in fiscal management, and the interface with primary care providers.

VIII. Report: Chief Deputy Director – Richard DeLiberty

- a. RFP – ACT: Last Tuesday sent out a Request For Proposal (RFP) for an Assertive Community Treatment (ACT) program that would meet national standards. A provider meeting is planned; e-mails are being sent to CBOs and other organizations with ACT experience. M. Braunstein wanted to know why ADMH is contracting out instead of running the program in-house; R. DeLiberty replied that we could get a program up-and-running faster with a team that already has prior ACT experience. M. Moyle wished to know where the budget was coming from; R.D. answered that it is from MHSAs one-time funds, but ADMH expects to realize cost savings from not having consumers institutionalized, and these cost savings will fund ongoing operations.
- b. RFP – Consumer-run business: Not yet issued due to need for more planning.
- c. Housing support, Full Service Partnerships (FSP), AB2034 – signing leases and buying items is difficult for a government agency. Need contractors as intermediaries. Exploring collaborations with the new director of Yolo Housing Authority to provide supportive housing.

- IX. Report: MHSA – Joan Beesley: not done, as J.B. was not present.
- X. Report: Fiscal – Mike Tucker
- a. Governor is trying to drop AB2034 since MHSA has good funding.
 - b. Predicted growth of 7.5% in realignment dollars due to restructuring
 - c. Currently awaiting \$300 million **Statewide** to pay EPSDT via an “**deficiency**” being passed; state has not paid EPSDT since April.
- Motion was made to ask the Board of Supervisors to oppose any reduction in AB2034 funding; seconded and carried unanimously.*
- XI. Adjournment – Meeting was adjourned at 8:45 p.m.; next meeting will be held:
- Monday, February 26, 2007
7:00 p.m.
Bauer Building, Walker/Thomson Room
137 North Cottonwood Street
Woodland, CA 95695

Respectfully submitted by:

Tawny Yambrovich, Secretary