

Minutes for Yolo County Mental Health Board
Monday, January 28, 2008

Members Present: Chairwoman Marilyn Moyle; Millie Braunstein; Anne Breault-Darling; Peter Brixie; Robert Canning; Martha Flammer; Carolyn Reiff; Irma Rodriguez; Rev. Hank Scherer; Marilyn Schwartz; Mike Summers; Helen Thomson, County Supervisor

Members Absent: Vice-Chairman Robert Schelen

Members Excused: Guille Libresco; Joanne Welty

Others Present: Richard DeLiberty, ADMH Interim Director; Christina Hill-Coillot, Deputy Director; Mark Bryan, Deputy Director; Joan Beesley, ADMH Program Manager (MHSA); Gina Ehlert, ADMH Staff Development Manager, Tawny Yambrovich, ADMH Secretary; June Forbes, NAMI-Yolo

Location: Training Room, Administration Building, Families First, 2100 Fifth Street, Davis, CA 95618

- I. Meeting called to order by Chairwoman Marilyn Moyle at 7:05 P.M.
 - a. Introductions

- II. Approval of Agenda; Minutes.
 - a. Approval of Meeting Agenda: *Motion was made and seconded to approve the agenda; carried with none opposed.*
 - b. Approval of Meeting Minutes: *Motion was made and seconded to approve minutes of December 17, 2007 meeting as amended; carried with none opposed.*

- III. Announcements:
 - a. Marilyn Moyle – NAMI’s Winter Mental Health Dinner will be Thursday, February 21, 2008, at the Veteran’s Memorial Center in Davis. The speaker this year is Tom Wooten, leading consumer advocate, and author of the books *The Bipolar Advantage* and *The Depression Advantage*. His topic will be “Never Accept a Diminished Life.” Tickets are \$30.
 - b. Annie Breault-Darling: Announced that this is her last meeting; she is happy to have been appointed. Annie shared some of her personal experiences with ADMH. Annie believes that repeat client hospitalizations are very expensive to the County. Thanks you for letting her be on the Board; she will continue to advocate to the best of her ability.

- IV. Report: LMHB Chairperson–Marilyn Moyle
 - a. Executive committee met Tuesday, January 22 to work on LMHB draft annual report. Naming committee for the Bauer Building has selected the names that were recommended by the LMHB naming committee, Mercedes Livingstone and Pat and Bill Williams. The last hurdle is Board of Supervisors’ approval. Marilyn met with Karen, Mercedes’ daughter, to get a photograph and some biographical information to be posted in the Mercedes Livingstone room. Karen mentioned that more consumers could attend programs at the Wellness Center if they had transportation; also could

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benefit from more availability of groups. More visits with consumers where they live to see how they are doing is one of Marilyn's goals for 2008.

- b. Davis Police Department community meeting at Patwin Elementary to advocate for Crisis Intervention Training (CIT) that Mike Summers is organizing. Mike Summers, Robert Canning and Mildred Braunstein were also at the meeting.
 - c. Attended Explorit Science Center January 15 event on Schizophrenia and ADD with speakers from the UC Davis MIND Institute; the room was packed, demonstrating the interest that exists in the community.
 - d. Hoping that we can all connect more with the community, finding ways to compensate for budget cuts that are sure to occur this year.
 - e. Hank S: To some folks, a power outage is a traumatic event; to have a neighbor to check in to see if you are okay and that you have everything you need is very reassuring.
- V. Report: Board of Supervisors–Helen Thomson.
- a. 12th of February, CAO will present mid-year monitor's report to the BOS.
 - b. Health reform bill ABX11 died in the Senate health committee with only 1 vote. The 11 hour hearing was one of the longest in the Senate. The Legislative Analyst's cost projections may have contributed to its demise.
 - c. Concerned about Yolo County's budget, as well as statewide and nationally. Recession bodes badly for the people we care about. Hopefully we won't be doing across the board cuts. Suggest inviting Pat Leary to a subcommittee meeting before Feb 12th?
- VI. Report: ADMH Interim Director–Richard DeLiberty
- a. Gina Ehler; Karl Adler, Medical Director for behavioral health services of Alameda County, will start beginning of March. We are very pleased to have him on board.
 - b. Finances: Management has been in marathon budget meetings, trying to make difficult budget decisions to close the deficit.
 - c. There are 19 people in Institutions for Mental Diseases (IMDs); the lowest the census has been. 3-4 more people should be leaving in the next few weeks.
 - d. Children's and Adult's Services are under the same supervisor, and work together. There are more children's therapists agency-wide than adult therapists; the wait times for children's appointments are shorter.
 - e. Crisis services are centralized in Woodland, and can be dispatched to other clinics or the Emergency Room.
 - f. Relations with Community Based Organizations (CBOs) have been restored to a more formalized and businesslike relationship than they have been in the recent past. Oversight and accountability are being stressed.
 - g. Safe and Healthy Schools contract passed on by county because CBOs could provide services in a more cost-effective manner.
 - h. Irma: Is concerned about the stagnation in growth in children's services in comparison to the apparent growth in adult services.
 - i. Hiring for clinicians is included in budget; hiring had been moving forward until very recently.
 - j. Helen: Medicare billing and procedure for being able to bill for Medicare: agency had prior approval for billing, was it lost at some point? Richard: Yes.
 - k. Richard: Will prepare more information on children's services for the next meeting.

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1. **Martha:** EPSDT requires managed care principles to be implemented; is this restricting access to care? **Richard:** Not in Yolo County; we are trying to expand programs to the extent available. Governor is proposing that state maximum allowance be reduced; not all of our contracts are at state maximum allowance.
- VII. Committee Reports – need to review committee assignments
- a. Executive
 - b. Budget: Irma, Carolyn would like to join budget committee
 - c. Forensic
 - d. Program
 - e. Legislative Advocacy
- VIII. Discussion of LMHB 2007 Annual Report, and Goals for 2008 - All
- a. Comments, changes, additions?
 - b. Helen: Formatting – recommend putting executive summaries in body of report, instead of attachments to receive and file?
 - c. Carolyn: Report is from LMHB, not from Richard (he is submitting his own report).
 - d. Add summaries between background and goals.
 - e. Rewrite paragraph referring to CBOs. “This year, as contracts have come up for renewal...”
 - f. Marilyn: many people have been well-served by our community-based providers. People survive the turnover and the changes because there is a core of caring people at the top.
 - g. Irma: Other services such as CSOC – due to the lack of specificity of information available re: children’s services, feels this statement should be struck.
 - h. Marilyn: our opportunity to tell the community that we are working to provide the best possible care under the circumstances.
 - i. Martha: would like to see the forensic team highlighted in the report. Mark Bryan to submit. Also jail construction moved to body of report; specific goal of monitoring jail construction project in 2008.
 - j. Paragraph from Mike Summers on CIT.
 - k. *Carolyn moves that annual report go to the BOS with changes, additions and deletions as proposed; seconded by Martha F; none opposed.*
 - l. Millie: will add forensic team’s goals; are there other goals that need to be added or deleted? Should put more specific goals in body of report.
 - m. Irma: Forensic committee appears advisory; other reports seem to address service delivery: we have an advisory role...don’t provide services. Millie: action was to make a recommendation to the Board, and the Board accepted the recommendations.
 - n. Will just put in program strategies for each committee; Marilyn will highlight activities from each committee.
 - o. Bob Schelen: Body of report is a summary; committee reports as attachments.
- IX. Public Comment
- a. June F: not appropriate for us to discuss a specific case, but we should look at how people get lost. Facilitate recovery. There should be a lot of investigation and reporting going on to determine how clients get lost, and to keep from losing others in the future. In some cases, the clients receive services, and the services fail them. To what extent are we allowing a client’s freedom of choice to determine whether s/he

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gets lost. To what extent we want to support a client's goal of going to law school vs. his goal of sleeping under a truck should be taken up with the new Medical Director.

- b. Martha: The prison system is a very weak system in terms of access to mental health care, and access to services after release. The prisons are not working collaboratively with the counties to apply for services that might be available. Policy change needs to occur at the state level.
 - c. Marilyn: Individuals in our society have free will to cooperate or not cooperate with the choices that are offered them.
 - d. Richard: had a meeting with Adult Psychiatrists and County Counsel to stress that all medical decisions and decisions about level of care are made by the physician whose license is at risk for the decisions made.
 - e. *Hank: Moved that individual identifying client information be expunged from minutes; Irma seconds; passed with one abstention.*
 - f. Helen: Jail is sometime the first place where mental illness gets treated; the difficulty is balancing the right to make choices vs. the risks to self and society.
 - g. Helen: Laura's lawsuit found program, psychiatrist and department in Nevada county to be very deficient; lawsuit settled by providing court-ordered outpatient services.
 - h. Richard: no cost to civil commitment; cost to provide services. MHSA dollars are being used in Nevada County to provide the services.
- X. Adjournment – Meeting adjourned at 8:45 P.M.