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YOLO COUNTY
ALCOHOL, DRUG, & MENTAL HEALTH

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TO: The Honorable Mariko Yamada, Chair

**FROM: Tom Pinizzotto, Alcohol, Drug and Mental Health
ADMH) Director
Carolyn Reiff, Yolo County Local Mental Health Board
(LMHB)Chair
Marilyn Moyle, LMHB vice-chair**

DATE: February 27, 2007

SUBJECT: Receive and file Yolo County Local Mental Health Board
(LMHB) 2006 Annual Report (no fiscal impact).

RECOMMENDED ACTIONS

- A. Receive and file 2006 LMHB annual report.
- B. Receive and file "Significant Events of 2006" (Attachment A).
- C. Receive and file "What is the Local Mental Board?" (Attachment B).
- D. Receive and file current LMHB roster (Attachment C).

FISCAL IMPACT

All LMHB members are community volunteers, appointed by Yolo County Supervisors in each district. There is no fiscal impact for this report, which has been prepared by the LMHB executive committee with administrative assistance from ADMH staff.

REASON FOR RECOMMENDED ACTION

This report is intended to inform supervisors about the work of the Yolo County Local Mental Health Board (LMHB) in 2006 and to inform the supervisors and the public about 2007 LMHB goals.

BACKGROUND

Mental health boards were created in 1957 when the State of California passed the Short-Doyle Act that made counties responsible for providing treatment and care for the mentally ill through a community-based and community-operated mental health system. These boards, mandated by law, remain the primary vehicle for citizens to have oversight of the administration and provision of the services funded by their tax dollars. Meetings, held on the fourth Monday of each month, are open to all interested citizens.

During the past several years the LMHB has witnessed the difficult challenges the Yolo County Department of Alcohol, Drug, and Mental Health has faced. The new director, Tom Pinizzotto, came to a department with low morale, severe budget problems, and a continually increasing number of mandated, uninsured clients with severe mental illness. Staff turnover due to retirement of experienced clinicians and vacant positions caused by lack of funding have severely impacted this department.

2006 was a challenging year for the ADMH Department. The Mental Health Services Act (MHSA) provided an opportunity for new program planning and funding. Yolo County's MHSA plans were approved in 2006. Staffing is nearly complete. The challenge now is to maximize the impact of these new programs and to prove that these MHSA funds will achieve the outcomes desired by the California voters who made this new source of funding possible.

Transformation of the entire mental health system is the mandate of the Mental Health Services Act. As LMHB representatives we are aware of the brutal realities of budget limitations, but we are also aware that dedicated staff can transform the lives of mental health clients and their families. It is our privilege to support and encourage these dedicated professionals.

The mission of the LMHB is to advocate for the best care for Yolo County mental health clients, providing effective treatments and services with proven outcomes that minimize harmful effects. We support the wellness and recovery model as a basis for services and encourage clients to strive to the highest level of independence. We support adequate, appropriate housing, opportunities for socialization, vocational training, and suitable employment, with support to obtain and maintain these basic needs. All of these services must be available to all who need them regardless of economic situation.

The following LMHB goals have been proposed for 2007:

1. Advocate for integration and coordination of MHSA programs with existing programs to ensure the best care for the greatest number of clients.

2. Advocate for effective crisis intervention and training, jail diversion programs, and a mental health court.
3. Improve selection process; fulfill mandated percentages for ethnic and consumer representation of new LMHB members.
4. Implement subcommittee meetings (Executive, Budget, Program, and Forensic) as a means to more effectively fulfill the mandated duties and responsibilities of the LMHB (Yolo County Ordinance No. 1159, in accordance with revised Section 5604 of the Welfare and Institutions Code of the State of California) : (a) review and evaluate the community's mental health needs, services, facilities, and special problems; (b) review any county agreements entered into pursuant to Welfare and Institutions Code Section 5650; (c) advise the governing body and the local mental health director as to any aspect of the local mental health program; (d) review and approve procedures used to ensure citizen and professional involvement at all stages of the planning process; . . . ;(g) review and comment on the county's performance outcome data and communicate findings to the County Mental Health Department, the Board of Supervisors, and the State Mental Health Commission.
5. Create a useful orientation handbook for new LMHB members.

We have requested the following changes in procedure from ADMH staff:

1. Provide quarterly performance outcome data from all programs, in addition to MHSA programs.
2. Provide an ADMH yearly calendar that includes budget and contract deadlines.
3. Update LMHB roster as soon as changes are made.
4. Mail minutes and handouts to all LMHB members before the monthly meeting.
5. Mail handouts distributed at meetings to all absent members.

ATTACHMENTS:

A: Significant Events of 2006

B: What is the Local Mental Board?

C: LMHB Roster

ATTACHMENT A: SIGNIFICANT EVENTS OF 2006

January 11:

- Public Hearing on Mental Health Services Act (MHSA) Community Services and Support proposal
- Resignation of John Provost, LMHB member

February:

- Successful External Quality Review Survey

March 10 -11:

- 2006 CIMH Regional Mental Health Board Training Lake Tulloch Resort, Copperopolis, CA (attended by four members of LMHB)

March:

- Successful Medi-Cal Oversight Survey
- Brown Act training for full LMHB

April:

- Welcome Mike Tucker, ADMH Deputy Director, Finance

May:

- Yolo County Conference on Mental Illness and Criminal Justice; over 300 stakeholders in attendance
- County awarded **\$5.9 million** MHSA grant for fiscal years 05-06,06-07,07-08

June:

- Irma Rodriguez, ADMH Deputy Director, retirement party
- Welcome new LMHB member Mike Summers

July:

- Site visit by LMHB members to North Valley Psychiatric Health Care Facility and the new Willow Glen Facility in Yuba City

August:

- Welcome Dr. Jon Caldwell, staff psychiatrist
- AIM grant approved, receives approval from UCD Institutional Review Board – County awarded **\$1.2 million**
- Rural Meth Grant – County awarded **\$1.5 million**
- In collaboration with Woodland Joint Unified School District, ADMH awarded **\$2,291,653** and the Probation Department awarded **\$421,950** through a Safe and Drug Free Schools Grant

September:

- Welcome Richard DeLiberty, ADMH Chief Deputy Director, and Diana Uno, Secretary to the Director and Chief Deputy Director
- New provider: Psynergy's Nueva Vista adult residential facility in Morgan Hill

October:

- Workshop: Shaping the future of Citizen Advisory Bodies in Yolo County
- Opening of new Safe Harbor Crisis House

November:

- Dedication of Herbert Bauer MD Building (Health and Alcohol, Drug and Mental Health Building)
- Implementation of MHSA programs with most staff hired
- Welcome Dr. Robert Canning, new LMHB member
- First Semi-Annual CBO Provider Relations Conference

December:

- ADMH staff move to new building
- Three MIOCR (Mentally Ill Offender Crime Reduction) grants approved to serve juvenile offenders in West Sacramento and Woodland and adult offenders countywide – County awarded **\$1.7 million**
- Dr. Leigh Harrington, Stanford University Chief Resident Adult Psychiatry and National Service Corp Clinician commits to starting her professional career in Yolo County.

ATTACHMENT B: WHAT IS THE LOCAL MENTAL HEALTH BOARD?

The Yolo County Mental Health Board complies with the Bronzan-McCorquodale Act of 1995 that realigned funding for mental health services from the state to the county making them responsible for treatment and care for the mentally ill through a community-based and county operated mental health system. This act defined the local mental health board criteria for citizens to advise the county's department of mental health delivery of community mental health services.

Local Mental Health Boards (LMHB) in California are required to represent, proportionately, the populations and stakeholders interested in mental health services. Specifically, 50% (8) of the board members are required to be mental health consumers or family members, with at least 20% consumers (3) and 20% family members (3). Additionally, the Board is required by law to reflect the ethnic diversity of the county's client population. Yolo County's LMHB is comprised of 16 members. The five county supervisors each appoint three members to represent their District and; one of the county supervisors is a voting member.

Yolo County's LMHB meets on the 4th Monday of each month at 7:00 p.m. at alternate locations in Davis, Woodland and West Sacramento. Board meetings are open to all interested citizens. Additionally, four standing committees meet with Alcohol, Drug and Mental Health (ADMH) staff on a periodic basis. The Executive Committee meets with Tom Pinizzotto, Director, to set the board agenda and to discuss issues impacting the department. The Budget Committee meets with Mike Tucker, Deputy Director of Finance and Administration, to review quarterly financial reports. The Program Committee meets with Christina Hill-Coillot, Deputy Director of Clinical Services, and other department staff to advise on performance outcome data and related county agreements entered into pursuant to Welfare and Institutions Code, Section 5650, including the Homeless Program (AB2034) and the Mental Health Services Act. The Forensics Committee meets with Mark Bryan, Deputy Director of Operations, related to issues of assessing jail psychiatric services, juvenile justice and county jail diversion and treatment options. The public is encouraged to contact any of the LMHB members to give their input on current mental health services in the county.

Presently, there are two vacant positions on the Mental Health Board. The Board is currently seeking consumer members who have experience or knowledge of the mental health system, and who reflect the ethnic diversity of the client population of the county to fill these vacancies. If individuals are interested in serving they should contact their county supervisor, one of the Board members or call the secretary to the director, ADMH Department: 530-666-8516. To be eligible, an applicant must be a resident of Yolo County and a citizen of the United States. Neither the applicant nor his/her spouse shall be employed by the Yolo County ADMH or the State Department of Mental Health. Board members are appointed to serve a three-year term.