

THE YOLO COUNTY OFFICE OF EDUCATION PRESENTS:



In Our Own Voice

NAMI-Yolo, the local chapter of the National Alliance on Mental Illness, will be offering NAMI in Our Own Voice, a unique outreach program that includes compelling personal stories of dark days, hope and recovery, a short video, and time for audience questions and discussion. Anti-stigma research shows that this kind of direct, personal interaction with people who are recovering from mental illnesses is the best way to shine the light of hope and overcome prejudice.

MAY 31, 2017

3:00—5:00 PM

Yolo County Office of Education Conference Center

1280 Santa Anita Ct. Suite 120

Woodland, CA 95776

PLEASE RSVP to: <https://goo.gl/forms/RgOpkXZnEXxcWGIU2>

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