



# Teen Group: a place to fit in

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## **8 week therapy group for kids ages 11-18**

Being a teen today has many challenges. Some kids need extra help dealing with difficult issues. Teen group is a therapy group for teens where they can talk about their issues, do art and use words to express emotions, and learn healthy coping skills.

Weekly Thursdays  
*Ongoing enrollment*

Middle schoolers ages 11-14                      4:45-5:45PM

High schoolers ages 14-18                      6:00-7:00PM

**163 Second Street  
Woodland, CA 95695**

\$25 per each weekly group session. Fees due at the beginning of each week's group. Returning group members get priority to renew commitment for the next 8 week group. Space is limited to 5 children per group, so call Christine at (707) 706-0113 to reserve a spot.



*Facilitated by Christine Beard, MFT Intern #70894. Christine has two years experience working with children covering such topics as social skills development, anger management, and family changes/grief and loss. Christine has also run a variety of parenting classes and can advise parents on challenging issues.*

*Supervised by Roseanne Long, MFT #40643.*